

# Struggles to Financial Security

- Alaska Addiction Rehabilitation Services  
dba Nugen's Ranch

Presented by  
Debbie Emery, MSW  
Executive Director

# Our History

- Leonard and Henrietta Nugen opened Nugen's Ranch in 1981, with the support of a visionary Board of Directors.
  - Nugen's Ranch became the first long-term treatment program in Alaska to receive national accreditation through the Commission on Accreditation of Rehabilitation Facilities (CARF) in 1993
  - Moved to our new location in 2010.





Point Mackenzie Rd

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# Growing Sobriety

Just sobering up isn't enough for recovery for a long-term abuser.

Recovery means a return to physical and mental well-being, as well as sobriety.

Clients learn new skills for staying sober while developing new habits that can support staying clean and sober for the rest of their lives.

Nugen's Ranch is a place where clients and staff are involved in the daily life and operation of the community.

# Clients at Nugen's Ranch will:

Take	Take part in community events, under the leadership of trained, experienced staff;
Gain	Gain skills in a variety of jobs;
Develop	Develop good work habits;
Experience	Experience positive feelings of contributing to the common good;
Try out new skills	Have the chance to try out and develop new ways of behaving in different kinds of surroundings.

# The Nugen's Ranch Program

Every treatment plan begins with a careful, personalized assessment.

The client and the counselor draft a treatment plan together, that lists problem areas, target issues, and the steps needed to solve them.

Through individual weekly sessions, five hours of groups therapy, and other personal growth activities, each client learns how to apply healthy solutions to problems in all areas of their life.

The treatment program at Nugen's Ranch is based on the Twelve Step Facilitation Model, along with participating in AA through out treatment. Client also attend REBT, Living in Balance, Family Relationship, Relapse Prevention, Co-Occurring Disorder group, process groups, and Peer led community activities.

That philosophy, which has guided thousands of Alaskans to sober lives, believes that alcoholism and drug addictions are overcome and controlled by a basic change in self-understanding and an improved sense of self-worth.



# Substance Abuse Treatment

## Client Participation Involves:

Client-Centered development of Treatment Plan includes the following:

Comprehensive Assessment is completed

A Problem list is generated with the client's collaboration.

A Treatment Plan is developed with the client and the assigned counselor.

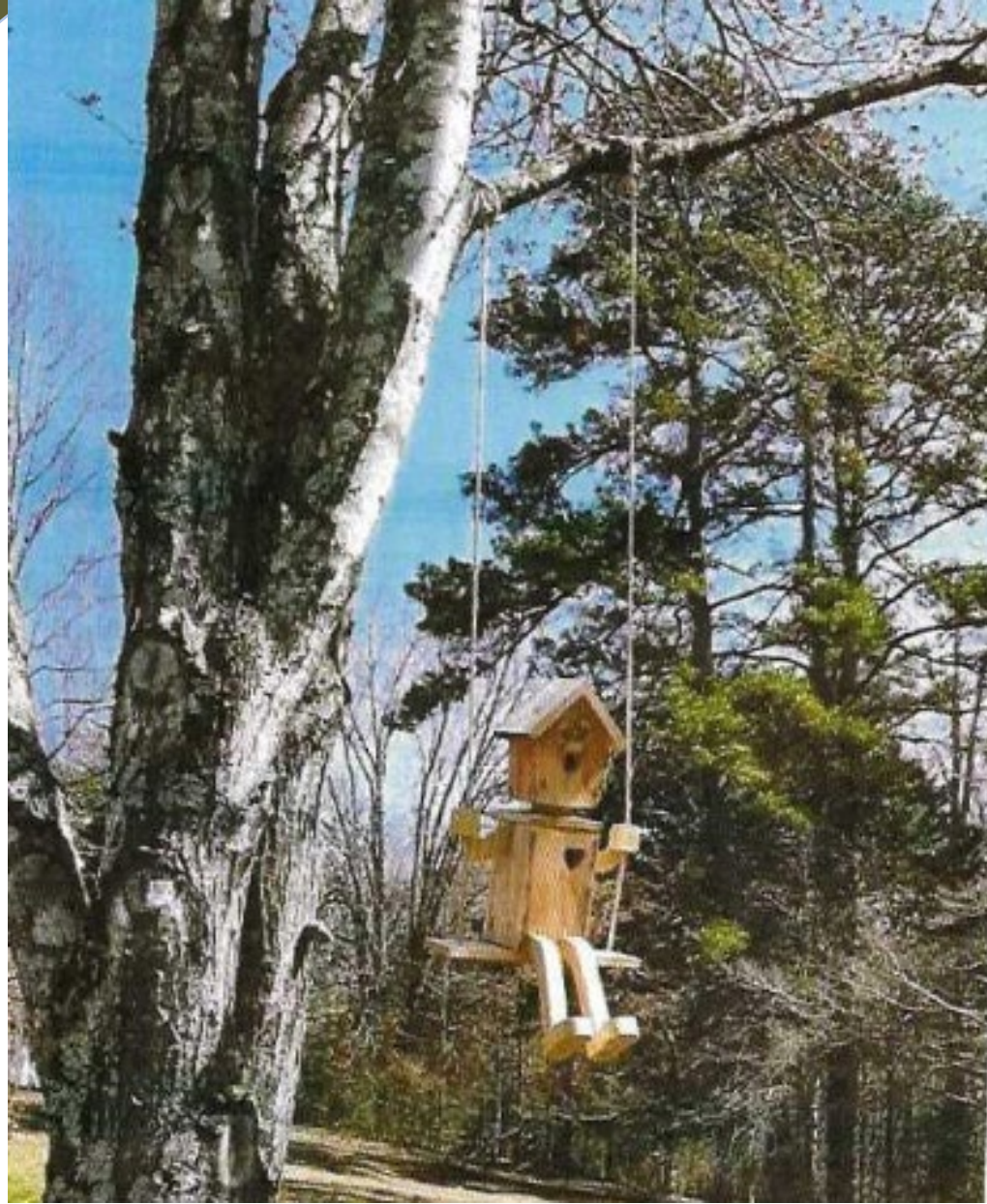
Client are given the opportunity to participate in group and individual session to address their specific needs.

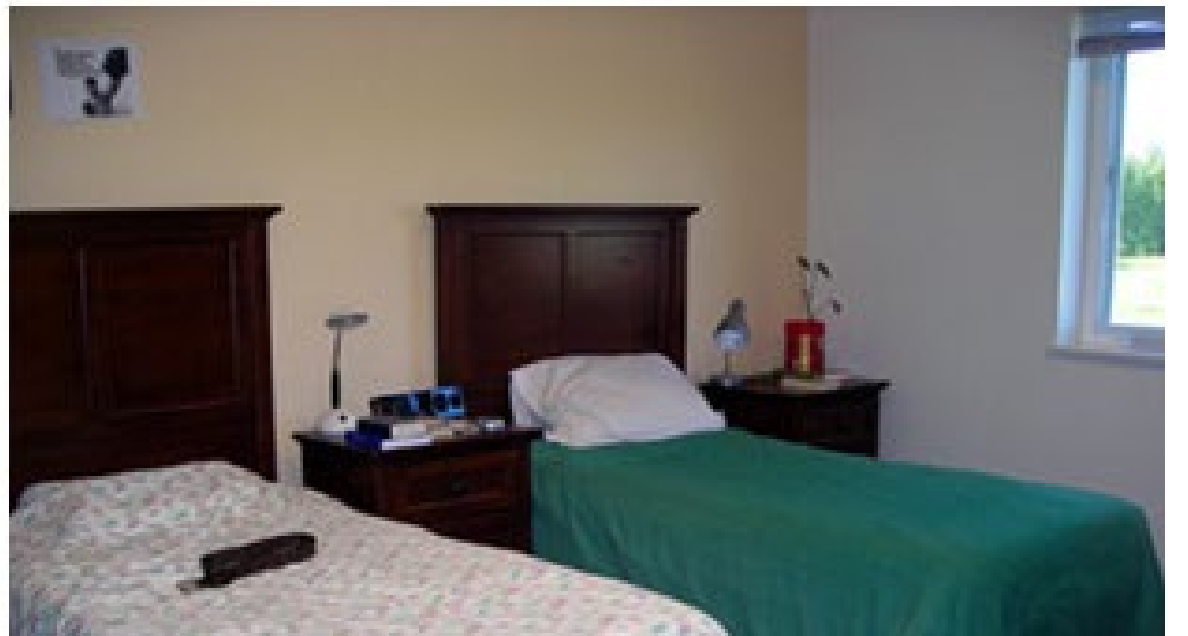
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Work Therapy is discussed

# Client Participation Involves:

- Substance Treatment
- Client-Centered development of Treatment Plan includes the following:
  - Comprehensive Assessment is completed.
  - A Problem list is generated with the client's collaboration.
  - A Treatment Plan is developed with the client and the assigned counselor.
  - Clients are given the opportunity to participate in group and individual session to address their specific needs.
- Work Therapy:
  - Client assigned community chores.
  - Skill building activities
    - Culinary
    - Animal husbandry
    - Farming
    - Equipment operation
    - Receptionist
    - Administrative Assistant
    - Greenhouse activities
      - Soil preparation
      - Plant propagation
      - Harvesting, and Sales at open markets
      - Arts and Crafts





# Comprehensive Behavioral Health Treatment and Recovery Grants Income

- 2015 - \$934,495.00
  - 2016 - \$964,740.00
  - 2017 - \$964,740.00
  - 2018 - \$964,740.00
  - 2019 - \$964,700.00
  - 2020 - \$753,360.66
- 22% decrease in  
funding
- 

# Medicaid Reimbursement

- Authorized to bill Medicaid on 7/01/2020.
  - AARS / Nugen's Ranch is licensed for 16 beds.
- 99% of our clients are eligible recipients of Medicaid

# Medicaid Funding: The math

16 Clients x \$400.83 per day x 7

= \$44,892.96 Per week in year

\$44,892.96 x 52 weeks = **\$2,334,433.92**

# How this has enhanced AARS/Nugen's Ranch

Improved staff salaries.

Increasing employee benefits.

Facility improvement.

Starting an Indigent clients for clothing fund.

Updating program curriculum that is evidenced based.

Repair of farm equipment and tools.

Potential upgrades as approved by the Board of Directors.

Marketing, research and development.

Potential development of Transitional Housing and corresponding Level of Care, (e.g., Intensive outpatient / Outpatient treatment).



- Comments

- Questions?

- Thank you for attending this presentation.